

# *Blixx Horse Therapy*

*Horses make us feel good*

Blixx, Horse Therapy helps people get relief from life's pressures & de-stress by being *In the Company of Horses* and learning how to let them help you.....



Done exclusively from the ground, you will spend the 1st half of the 4 hour program observing, then interacting, as you & the horses learn to communicate. Finally after establishing a connection, you will work with them.

The remainder of the time will be spent using the skills you developed, to relate to them in our world by understanding their instincts, personality, energy and body language.

[www.blixxhorses.org](http://www.blixxhorses.org)

The experience will teach you to relate to horses in a unique way, as you develop patience & understanding, and learn about yourself and how you relate to people. If you enjoy working with animals, would like to experience horses out of the saddle, and would benefit from light to moderate exercise, .....All done in a safe, healthy & clean environment, *Come Join Lexxie & Fritz at Our Barn* for this fun, educational & rewarding experience.

***Year Around - Weather Permitting  
At Our Barn: \$65 At the Beach \$150***

*Wear comfortable clothing, gloves and athletic shoes or boots.*

*A snack will be served*

Contact: Gabriela @ 207-985-1994



*Ms. Rodriguez has been working with horses for 10 years. Her expertise lies in communicating and working with horses from the ground.*

*Blixx, 'All About Horses and Their Care' provides education, through appearances, presentations, clinics and private sessions.*